

## Acrobatics

- Dancers can wear their class leotard with Dance Shorts (no tights) **OR** class leotard with **CONVERTIBLE** (hole in arch) or FOOTLESS tights.
- Dancers have the option of wearing a biketard with no tights.
- Bare Feet only. No socks or footed tights.
- Hair in a ponytail or bun as long as hair is away from the face.
- Boys are to wear dance shorts (black) and a fitted dance top (white, black or gray) or leggings and bare feet.

Hey dance parents! We get it: it can be a lot to keep track of dress codes for each of your dancer's classes, and make sure you have the right gear for each class. If you're wondering how to set your dancer up for success in acro, it really does start with dress code – read on and we'll explain why!

### #1: Hair

You'll want to make sure your dancer has her hair pulled back and out of the way for acro class, so that it doesn't become a hindrance or get in her way. The best hair solution often depends on your individual dancer and her hair.

For example, very long hair does best in a bun so that it doesn't get stepped on. Shorter hair will be just fine in a ponytail. It may take a couple weeks for your dancer to figure out what works best – if you're not sure what's working and what isn't, your dancer's acro teacher will have the answer!

### #2: Attire

For acro, form-fitting dancewear works best. This is because of all the upside-down work that happens in class. Your dancer will feel more secure, and stay covered, if she's wearing something that stays in place, no matter what trick she's working on! A form-fitting dance tank or bodysuit and shorts is often the best solution. We see success in our studio when dancers adhere to a dress code for their weekly classes.

### #3: Bare Feet

Jazz shoes and half soles are meant to reduce friction between your dancer's foot and the floor. This is great for jazz class, but in acro, these shoes result in slipping. The solution: bare feet! Bonus – this means you don't have to buy a new pair of dance shoes for acro class!

### #4: Jewelry

Jewelry and acro class don't mix well. For the safety of your dancer, her jewelry, and her acro teacher, it's best to leave jewelry safe at home.

Being in the proper "acro gear" will put your dancer into "acro mode," and help her feel like a professional at the dance studio. And that's when she can really put her focus into learning, growing, and perfecting her Acro Dance abilities!

## **Ballet, Levels 1-5**

- Pink Tights can be footed or convertible
- Bloch Neoprene Hybrid Pink Leather Split Sole Ballet Shoes
- Hair in a bun or pulled away from face if too short for a bun
- Boys - Black Dance Shorts or Leggings and White, Black or Gray Dance Shirt
- Boys - Black Split Sole Ballet Shoes (Leather or Canvas)

### **Level 1 - Coral**



*Any style Motionwear leotard - Coral color - Optional color matched ballet skirt.*

### **Level 2 - Royal Blue**



*Any style Motionwear leotard - Royal Blue color - Optional color matched ballet skirt.*

### **Level 3 - Teal**



*Any style Motionwear leotard - Teal color - Optional color matched ballet skirt.*

## Level 4 - Raspberry



*Any style Motionwear leotard - Raspberry color - Optional color matched ballet skirt.*

## Level 5 - Black



*Any style Motionwear leotard - Black color - Optional ANY COLOR ballet skirt.*

## Footprints (Pre-School) Classes



- Any style/brand PINK TUTU DRESS with SKIRT ATTACHED is great!
- Pink Footed Tights UNLESS your dancer is taking the Footprints Acrobatics class - then she will require  
PINK CONVERTIBLE TIGHTS (has a hole in the arch).
- Pink Leather Full Sole Ballet Shoes - Can be any brand as long as they are Pink, Leather and FULL SOLE Ballet Shoes. Please place your child's name inside of the ballet shoe on the side.

- Tan Mary Jane Tap Shoes - Can be any brand
- Tan Tyette Tap Shoes - Some dancer's little feet are too small and or wide for Merry Jane Tap Shoes (Toddler size 5-6.5), therefore she will need Tan Tyette Tap Shoes
- Hair in a bun!
- Boys
  - Boys may wear loose dance shirt (white, black or gray) and black dance shorts or leggings for boys.
  - Black Leather or Canvas Style Ballet Shoe
  - Black Tap Shoes

## **HIP HOP**

- Any style/color leotard
- Fitted Dance Top/Dance Shorts
- Leggings, any style/color
- Boys may wear T-Shirt and Shorts, Any Style
- Sneakers
- Hair in a ponytail or bun

## **Jazz, Levels 1-5**

- Tan Leather Jazz Shoes
- Tan Tights
- Hair in a bun
- Boys - Black Dance Shorts or Leggings and White, Black or Gray Dance Shirt
- Boys - Black Leather Jazz Shoes

### **Level 1 - Coral**



Any style leotard - Coral color - Optional color matched ballet skirt or dance shorts.

### **Level 2 - Royal Blue**



Any style leotard - Royal Blue color - Optional color matched ballet skirt or dance shorts.

**Level 3 - Teal**



Any style leotard - Teal color - Optional color matched ballet skirt or dance shorts.

**Level 4 - Raspberry**



Any style leotard - Raspberry color - Optional color matched ballet skirt or dance shorts.

## Level 5 - Black



Any style leotard - Black color - Optional ANY COLOR ballet skirt or dance shorts.

## Lyrical, Contemporary, Modern

- Any style/color leotard
- Fitted Dance Top/Dance Shorts
- Leggings, any style/color
- Boys may wear Black Dance Shorts and White, Black or Gray Dance Shirt
- Barefeet
- Hair in a ponytail or bun

## Pre Pointe, Pointe

- Pink Tights
- Pink Pointe Shoes, Must be professionally fitted and instructor approved
- Hair in a bun
- Boys may wear Black Dance Shorts or Leggings and White, Black or Gray Dance Shirt
- Boys should wear Black Split Sole Ballet Shoes (Leather or Canvas)

## Level 1 - Coral



Any style leotard - Coral color - Optional color matched ballet skirt.

## Level 2 - Royal Blue



*Any style leotard - Royal Blue color - Optional color matched ballet skirt.*

**Level 3 - Teal**



*Any style leotard - Teal color - Optional color matched ballet skirt.*

**Level 4 - Raspberry**



*Any style leotard - Raspberry color - Optional color matched ballet skirt.*

**Level 5 - Black**



*Any style leotard - Black color - Optional ANY COLOR ballet skirt.*

### **Tap, Level 1**

- Coral Leotard
- Tan Tap Shoes - Lace Up or Pull On
- Coral Dance Shorts are Optional
- Hair in Ponytail or Bun
- Boys may wear Black Dance Shorts or Leggings with White, Black or Gray Dance Shirt with Black Tap Shoes

### **Tap, Levels 2-5**

- Any style/color leotard
- Fitted Dance Top/Dance Shorts
- Leggings, any style/color
- Boys may wear Black Dance Shorts Leggings and White, Black or Gray Dance Shirt with Black Leather Tap Shoes
- Tan Leather Tap Shoes
- Hair in a ponytail or bun

### **Session Classes**

Ballet/Acrobatics: Appropriate dancewear (any color/style leotard or leotard dress, any color or style dance top with dance shorts or leggings. Pink Convertible tights and pink leather ballet shoes.

Ballet/Jazz: Appropriate dancewear (any color/style leotard or leotard dress, any color or style dance top with dance shorts or leggings. Pink tights and pink leather ballet shoes. Jazz shoes if you already have them.

