

Hey Dance Parents, we get it! It can be a lot to keep track of dance dress codes for each of your dancer's classes and make sure you have the right gear for each class. If you are wondering how to set your dancer up for success, it really does state with a class dress code – read on and we will explain why!

To make this process easy: we have an online store where you can make your selections, pay for them online and your order will be delivered to Island School of Performing Arts.

<https://www.shopnimbly.com/islandschoolofperformingarts>



#1 Hair:

You will want to make sure your dancer's hair is out of their face either by ponytail or bun, so it does not become a hindrance. The best hair solution often depends on your individual dancer and their hair.

For example, exceptionally long hair does best in a bun, so it does not get stepped on. Shorter hair will be simply fine in a ponytail. It may take a couple of weeks for your dancer to figure out what works best – if you are not sure what is working and what isn't your dancer's acro teacher will have the answer!

#2 Attire:

For ACRO, form-fitting dancewear works best. This is because of all the upside-down work that happens in class. Your dancer will feel more secure, and stay covered, if she's wearing something that stays in place, no matter what trick she's working on! A form-fitting dance tank or leotard with shorts is often the best solution. We see success in our studio when dancers adhere to a dress code for their weekly classes.

#3 Bare Feet:

Jazz shoes and half soles are meant to reduce friction between your dancer's foot and the floor. This is great for jazz class, but in ACRO, these shoes result in slipping. The solution: BARE FEET! Bonus – this means you don't have to buy dance shoes for this class!

#4 Jewelry:

Jewelry and ACRO class don't mix well. For the safety of your dancer, her jewelry, and her acro teacher, it's best to leave jewelry safe at home.

Being in the proper "acro gear" will put your dancer into "acro mode" and help her feel like a professional at the dance studio. And that's when she can really put her focus into learning, growing, and perfecting her Acro Dance abilities!

ACROBATICS

- Dancers can wear their class leotard or any color leotard with Dance Shorts or Dance Leggings OR their class leotard or any color leotard with CONVERTIBLE (hole in the arch) OR FOOTLESS tights.
- Dancers have the option of wearing a biketard with no tights.
- Bare Feet Only. No socks or footed tights.
- Hair in a ponytail or low bun as long as the hair is away from the face.
- **BOYS** – Shorts/Leggings with a fitted shirt & Bare Feet

BALLET LEVEL A, B, C, D – OPEN BALLET, PRE-POINTE, POINTE

- Leotard, any style, color according to Class Level
 - A – **Bright Pink**
 - B – **Blue**
 - C – **Purple**
 - D – **Black**
- Ballet Skirt, Optional, Color of Leotard (level), Pull On, No wrap around/tie skirts
Level D only can wear ANY COLOR OF PULL ON BALLET SKIRT
- Tights, Pink, Footed or Convertible
- Ballet Shoes, Pink, Leather or Canvas, Split Sole
- Demi Pointe or Pointe Shoes must have instructor approval prior to purchasing
- Hair – Bun or pulled away from the face if hair is short
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Ballet Shoes, Black, Leather or Canvas, Split Sole

BALLET/JAZZ/TAP

- Leotard, any style, any color
- Ballet Skirt (pull on – not wrap around/tie) or Dance Shorts, Optional, any color
- Tights, Pink or Tan, Footed or Convertible
- Ballet Shoes, Pink, Leather or Canvas, Split Sole
- Jazz Shoes, Leather, Tan
- Tap Shoes, Leather, Tan
- Hair – Bun or pulled away from the face if hair is short
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Ballet Shoes, Black, Leather or Canvas, Split Sole
 - Jazz Shoes, Leather, Black
 - Tap Shoes, Leather, Black

BALLROOM

- Latin Ballroom Shoes or Something Comparable
- Girls/Women – Fitted Top and Skirt or Leggings
- Boys/Men – Fitted Shirt and Pants you can move in

BOYS FUSION

- Comfortable Clothing (Shirt, Basketball type Shorts, Athletic Wear, Jogging/Sweatpants)
- Sneakers

CHEER

- Comfortable Dancewear (Dance Shirt, Dance Shorts, Leotard with Dance Shorts, Cheer Shirt or Cheer Shorts)
- Sneakers
- Hair in ponytail or pulled away from the face

FOOTPRINTS (PRESCHOOLERS) – 2 yr old ONLY

- Leotard Dress with skirt ATTACHED – PINK
- Tights, Pink FOOTED
- Ballet Shoes, Leather, Pink, Full Sole
- Hair - In a Bun or if short pulled away from the face
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Ballet Shoes, Black, Leather or Canvas, Full Sole

FOOTPRINTS (PRESCHOOLERS) – 3-4 yr old & 5-6 yr old

- Leotard Dress with skirt ATTACHED – PINK
- Tights, Pink FOOTED (NO ACROBATIC CLASS)
- Tights, Pink CONVERTIBLE (with ACROBATIC CLASS)
- Ballet Shoes, Leather, Pink, Full Sole
- Tap Shoes, Leather Tan
- Hair - In a Bun or if short pulled away from the face
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Ballet Shoes, Black, Leather or Canvas, Full Sole
 - Tap Shoes, Black, Leather

HIP HOP – LEVELS A/B & C/D

- Leotard with Dance Shorts or Dance Leggings, Any Color/Any Style
- Dance Top, Fitted, with Dance Shorts or Dance Leggings, Any Color/Any Style
- Sneakers
- Hair in Ponytail or pulled away from the face
- **BOYS** – Fitted Shirt with Shorts or Athletic Wear – Any Style/Any Color

NO BAGGY SHIRTS/NO HOODIES/NO DENIM/NO KHAKI

JAZZ – LEVELS A, B, C, D

- Leotard, any style, color according to Class Level
 - A – **Bright Pink**
 - B – **Blue**
 - C – **Purple**
 - D – **Black**
- Dance Shorts, Optional
- Tights, Tan, Footed or Convertible
- Jazz Shoes, Tan
- Hair – Bun or pulled away from the face if hair is short
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Jazz Shoes, Black, Leather

LYRICAL, CONTEMPORARY, MODERN

- Leotard, any style, any color
- Dance Shorts/Leggings & Dance Top, Any Color/Any Style
- Tights, Pink or Tan, Convertible
- Bare Feet
- Hair – Bun or pulled away from the face if hair is short
- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Bare Feet

NO BAGGY SHIRTS/NO HOODIES

TAP

- Leotard, any style, any color
- Dance Shorts/Leggings & Dance Top, Any Color/Any Style
- Tights, Pink or Tan, Footed or Convertible

- Tap Shoes, Leather, Tan
- Hair – Bun or pulled away from the face if hair is short

- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Tap Shoes, Leather, Black

TECHNIQUE

- Leotard, any style, any color
- Dance Shorts/Leggings & Dance Top, Any Color/Any Style
- Tights, Pink or Tan, Convertible
- Bare Feet, Ballet Shoes (Pink) or Jazz Shoes (Tan)
- Hair – Bun or pulled away from the face if hair is short

- **BOYS** – Dance Shorts or Leggings (Black)
 - Fitted Shirt (White, Black, or Gray)
 - Bare Feet, Ballet Shoes (Black) or Jazz Shoes (Black)
 - Tap Shoes, Leather, Black